



CALIFORNIA'S CARE CHOICES



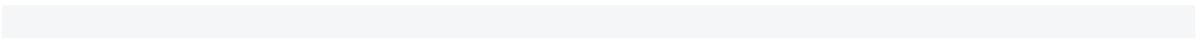
Cal MediConnect

Cal MediConnect is a type of health plan that includes all your Medicare and Medi-Cal benefits, as well as some extra benefits.

- To qualify for Cal MediConnect, you must have Medicare and Medi-Cal, be 21 or older, and live in one of these counties: Los Angeles, Orange, Riverside, San Bernardino, San Diego, San Mateo, or Santa Clara.
- You get extra help so you can live independently (like having shower grab bars and ramps installed). You have someone, like a nurse or other helper, whose job is to be your main point of contact and help you get all the health care services you need.
- You have one card to carry and one phone number to call to get help with your care.
- You have to use providers in your health plan's network. (If your providers are not in the network, you can get help finding providers that are.)

Ready to Enroll >

My Choices



Benefits

Benefits

- Cal MediConnect manages your Medicare + Medi-Cal benefits.
- You have just one health plan card to carry and one phone number to call about your health

care and other services.

- Cal MediConnect health plans include all your existing benefits (like doctors, hospitals, prescription drugs, medical supplies, medical equipment, nursing facility, and home- and community-based services). They also offer:
 - Extra dental, hearing, and vision coverage
 - Transportation help
 - Mental health and substance use help
 - Extra help so you can live in your home safely (like shower grab bars and ramps)
- You can get a care coordinator. This is a nurse or other helper whose job is to be your main point of contact and help you get all the health care services you need.
- If you are living in a nursing facility, you can join Cal MediConnect. If you want, they can help you live independently.

Considerations

- Cal MediConnect health plans have networks of providers (like doctors, hospitals, clinics, labs, and equipment suppliers). The health plan will ask you to see the providers in their network.
 - If your doctor or hospital is not already in the health plan's network, they might have to join the network, or you may have to change providers. You may also have to change where you get your medical supplies and equipment.
 - Your Cal MediConnect care coordinator can help you find new doctors and providers that meet all your needs.
- You can keep your Medi-Cal long-term services and supports providers. This includes keeping your In-Home Supportive Services (IHSS), your adult day centers, Multipurpose Senior Services Program, or the nursing facility where you reside (if applicable.)

To learn more and find out if you are eligible, contact Health Care Options-Cal MediConnect at 1-844-580-7272 (TTY 1-800-430-7077).

Success Stories

Next Steps

How to Enroll

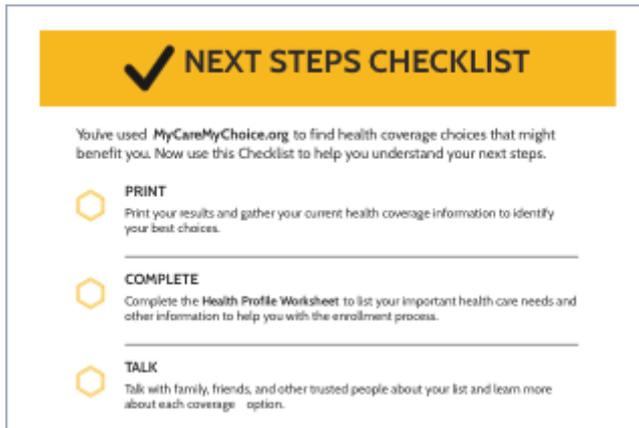
You have two options to enroll:

- If you already have a Medi-Cal health plan, call them directly and ask about Cal MediConnect.
- Call Health Care Options at 1-844-580-7272 (TTY 1-800-430-7077).

Download Helpful Tools



[Health Profile Worksheet \(PDF\)](#)



[Next Steps Checklist \(PDF\)](#)

Contact Help Services

Visit our [Get Help](#) page for links and phone numbers to people who can help you understand your Medicare and Medi-Cal benefits and assist you in choosing a coverage option.

Explore More About Cal MediConnect

[CalDuals](#)

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