

CALIFORNIA'S CARE CHOICES



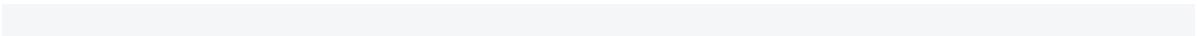
Medicare Advantage (MA)

Medicare Advantage is a type of health plans that includes all your Medicare benefits, as well as some extra benefits. Your Medi-Cal benefits stay separate.

- To qualify for an MA health plan, you must have Medicare and live in a ZIP Code where MA health plans are available.
- MA health plans provide Medicare benefits and some extra benefits. They do not provide or manage Medi-Cal benefits. You will continue to get these benefits separately from Medi-Cal.

Ready to Enroll >

My Choices



Benefits

Benefits

- The MA health plan provides and manages your Medicare benefits (including doctors, hospitals, prescription drugs, lab tests and x-rays, and some medical equipment).
- You might get **extra benefits** like:
 - Extra dental, hearing, and vision coverage
 - Gym membership
- You may get a **care coordinator**—a nurse or other helper whose job is to be your main point of contact and help you get all the health care services you need.

- You continue to get your Medi-Cal benefits separately, and you must manage these benefits yourself. (Medi-Cal benefits include some medical equipment and supplies and long-term services and supports like In-Home Supportive Services (IHSS) or adult day centers.)
- Like other options, you keep all of your Medicare and Medi-Cal benefits.

Considerations

- **MA health plans may have networks of providers** (like doctors, hospitals, clinics, labs, and equipment suppliers). The health plan might ask you to see providers in their network.
 - If your doctor or hospital is not already in the health plan’s network, they might have to join the network, or you may have to change providers. You may also have to change where you get your medical supplies and equipment.
 - Your MA health plan can help you find new doctors and service providers that meet all your needs.
- **MA health plans do not oversee any of your Medi-Cal benefits** and are not responsible for helping you get your Medi-Cal benefits.
 - If you need help with your Medi-Cal covered medical supplies, equipment, or long-term services and supports, a MA health plan may not provide enough help.
 - If you mostly need help with medical care, a MA health plan may be a good fit for you.

Success Stories

Next Steps

How to Enroll

You can enroll by:

- Calling your local Medicare Advantage health plans
 - Find your local health plans under the “**My Choices**” tab on this page.

- Call 1-800-MEDICARE (TTY: 1-877-486-2048)

Download Helpful Tools

 **NEXT STEPS CHECKLIST**

You've used [MyCareMyChoice.org](https://mycaremychoice.org) to find health coverage choices that might benefit you. Now use this Checklist to help you understand your next steps.

-  **PRINT**
Print your results and gather your current health coverage information to identify your best choices.
-  **COMPLETE**
Complete the [Health Profile Worksheet](#) to list your important health care needs and other information to help you with the enrollment process.
-  **TALK**
Talk with family, friends, and other trusted people about your list and learn more about each coverage option.

[Next Steps Checklist \(PDF\)](#)



[Health Profile Worksheet \(PDF\)](#)

Contact Help Services

Visit our [Get Help](#) page for links and phone numbers to people who can help you understand your Medicare and Medi-Cal benefits and assist you in choosing a care option.

Explore More About Medicare Advantage

[Medicare.gov](https://www.medicare.gov)

[Medicare Advantage "Plan Finder" website](#)