



CALIFORNIA'S CARE CHOICES



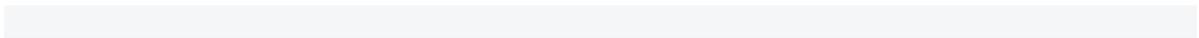
Program of All-Inclusive Care for the Elderly (PACE)

PACE is a type of health plan that includes all your Medicare and Medi-Cal benefits, as well as some extra benefits.

- PACE health plans are for people who need extra help to live independently at home for as long as possible (instead of going into a nursing facility). To qualify, you have to be age 55 years or older, live where PACE is available, need a high level of care for a disability or chronic condition, and need extra help to live independently at home.
- You get extra help so you can live independently (like having shower grab bars and ramps installed). You have a care team to help you get all the care you need (including help at home and equipment and supplies.)
- You have to use providers in the PACE network. (If your providers are not in the network, you can get help finding providers that are.)

Ready to Enroll >

My Choices



Benefits

Benefits

- PACE manages your **Medicare AND Medi-Cal benefits**. It coordinates all-inclusive medical and social services to ensure that you can live independently.
- PACE health plans cover all your existing benefits (like doctors, hospitals, prescription drugs,

medical supplies, durable medical equipment, and nursing care). They can also offer extra dental, hearing, and vision coverage and mental health and substance use help.

- PACE health plans provide services at PACE adult day centers, where you can get:
 - Medical care, including services from physician and specialists
 - Restorative therapies, including physical therapy and occupational therapy
 - Meals and nutritional counseling
 - Personal care support services
 - Social activities like arts and crafts
 - Free transportation to and from the PACE adult day center and to any off-site medical appointments.
- If you have family and friends who are helping you live independently at home, they can get services like caregiver training, access to support groups, and respite care (temporary help).

Considerations

- If you join a PACE health plan, you will have to see PACE providers. This includes doctors, hospitals, and medical equipment and supplies.
- PACE health plans usually provide home-based medical and personal care services through PACE providers (instead of through In-Home Supportive Services, IHSS). This means that if you have IHSS and join PACE, you will most likely have to switch to a PACE caregiver for in-home services.
- Your PACE health plan will form a care team that will make sure you get all the care you need. They can help you find new providers that will meet your needs.
- If you are living in a nursing facility, you might be able to join PACE and work with your PACE care team to live independently at home.

To learn more about PACE and find out if you are eligible, contact Health Care Options at [1-844-580-7272](tel:1-844-580-7272) (TTY [1-800-430-7077](tel:1-800-430-7077)). For more help with the choices listed in your Results, call the phone number provided or click the title of the choice to visit their website.

Success Stories

Coming Soon.

Next Steps

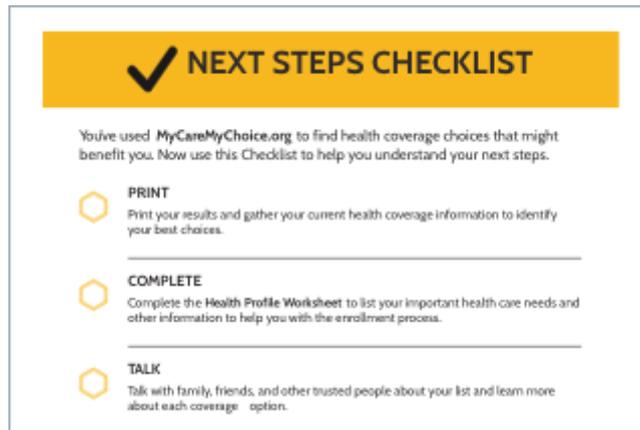
How To Enroll

Enroll by calling your local PACE health plan(s) directly. Find your local PACE health plan under the “[My Choices](#)” tab on this page.

Before calling to enroll, we suggest you check out the helpful tools below to gather information you may need to make a decision.

Download Helpful Tools

Use these tools to understand your next steps and organize your health information:



[Next Steps Checklist \(PDF\)](#)



[Health Profile Worksheet \(PDF\)](#)

Contact Help Services

Visit our [Get Help](#) page for links and phone numbers to people who can help you understand your Medicare and Medi-Cal benefits and assist you in choosing a coverage option.

Explore More About PACE

[Department of Health Care Services, PACE Website](#)

[CalPACE](#), the association of PACE health plans