



UNDERSTAND MY CARE

Learn More

Links and resources to help you answer questions and take the next steps.

Would you like to learn more about your Medicare and Medi-Cal benefits? Do you have questions about coverage choices? The links and other resources listed on this page can help you.

Learn More About Medicare

Medicare Program

Learn more about Medicare benefits and your rights as a person with Medicare.

Phone: [1-800-MEDICARE \(1-800-633-4227\)](tel:1-800-MEDICARE)

TTY: [1-877-486-2048](tel:1-877-486-2048)

Medicare Rights Center

A nonprofit organization gives information and counseling nationwide to help older adults and people with disabilities access affordable health care.

Phone: [1-800-333-4114](tel:1-800-333-4114)

Email: info@medicarerights.org

Annual Medicare and You Handbook

Learn about Medicare benefits and updates.

Download Online: [Medicare and You Handbook](#)

Medicare.gov D-SNP Website

Medicare.gov has useful information about D-SNP health plans and their benefits.

Medicare.gov Medicare Advantage Website

Learn more about Medicare Advantage health plans and how they help coordinate Medicare services.

Medicare.gov Accountable Care Organization Website

Learn more about how ACOs work and share information.

National Association of ACOs

Learn more about ACOs and how they work. Also, learn about the benefits of joining an ACO as a Medicare Medi-Cal dual eligible.

Learn More About Medi-Cal

Medi-Cal Member Helpline

Helps people apply for Medi-Cal and learn about the benefits. Helps Medi-Cal members locate participating providers or file a complaint.

County Medi-Cal Office

Local offices can answer questions related to Medi-Cal and help you understand more about your Medi-Cal benefits.

Health Insurance Counseling & Advocacy Program (HICAP)

Get free information and independent counseling about how Medi-Cal and Medicare can be coordinated.
Phone: 1-800-434-0222

Learn More About California's Care Choices

CalDuals.org and info@calduals.org

This is the informational website and email inbox for the Cal MediConnect and PACE programs. Learn about the programs, their benefits, eligibility, and more.

Email: info@caldual.org

Health Insurance Counseling & Advocacy Program (HICAP)

Volunteer counselors in California provide free and objective help with Medicare, PACE, and Cal MediConnect.

Phone: 1-800-434-0222

CalPACE

Learn more about the PACE program from the state association for the PACE model. The organization is dedicated to promoting high-quality health care services to California's seniors.

California State PACE Website

Learn more about the PACE program and its benefits.

© 2019

[TERMS OF USE](#)

[PRIVACY POLICY](#)

[ABOUT US](#)

05/26/2019