



NEXT STEPS CHECKLIST

You've used **MyCareMyChoice.org** to find health coverage choices that might benefit you. Now use this Checklist to help you understand your next steps.



PRINT

Print your results and gather your current health coverage information to identify your best choices.



COMPLETE

Complete the **Health Profile Worksheet** to list your important health care needs and other information to help you with the enrollment process.



TALK

Talk with family, friends, and other trusted people about your list and learn more about each coverage option.



GET HELP

Talk to an objective advisor to get support:

- Health Insurance Counseling and Advocacy Program (HICAP) 1-800-434-0222
 - Health Consumer Alliance 1-888-804-3536
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LEARN MORE

Learn more about the coverage choices on your list by exploring their websites or by calling a representative. When you're ready to enroll, contact your preferred choice.



REVISIT

You can change your mind or switch choices throughout the year, so keep your *My Care, My Choice* results and worksheet handy.



Making Medicare + Medi-Cal Work for You