You’ve used MyCareMyChoice.org to find health coverage choices that might benefit you. Now use this Checklist to help you understand your next steps.

PRINT
Print your results and gather your current health coverage information to identify your best choices.

COMPLETE
Complete the Health Profile Worksheet to list your important health care needs and other information to help you with the enrollment process.

TALK
Talk with family, friends, and other trusted people about your list and learn more about each coverage option.

GET HELP
Talk to an objective advisor to get support:
- Health Insurance Counseling and Advocacy Program (HICAP)  1-800-434-0222
- Health Consumer Alliance  1-888-804-3536

LEARN MORE
Learn more about the coverage choices on your list by exploring their websites or by calling a representative. When you’re ready to enroll, contact your preferred choice.

REVISIT
You can change your mind or switch choices throughout the year, so keep your My Care, My Choice results and worksheet handy.