Today’s Topics

WHAT
What Is MyCareMyChoice.org?

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WHO
Who Is It For?

WHEN
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LANGUAGES
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MyCareMyChoice.org In Action!

FAQ
FAQs
What Is MyCareMyChoice.org?

- New website that helps Californians with Medicare + Medi-Cal locate and better understand their health coverage options
- Options are listed by ZIP code, and filtered by a person’s care needs and preferences
- Data updated on a regular basis
My Care, My Choice Overview

View on www.MyCareMyChoice.org/en/for-advisors
How Does It Work?

— Answer a few questions:
  • ZIP code
  • Age
  • Care needs and preferences

— Get personalized results that give:
  • A list of localized, “best fit” health coverage options
  • Contact information for each coverage option
  • Information and tools to take the next step
Who Is It For?

— Californians who have Medicare + Medi-Cal (also called “Medi-Medis” or “dual eligibles”)

— Advisors of people with Medicare + Medi-Cal
  • Family caregivers
  • Consumer advocacy organizations
  • Community-based organizations
  • Enrollment advocates and brokers
  • Hospital discharge planners and social workers
  • Medical, social service, and other providers
When to Use It?

People with Medicare + Medi-Cal can change health coverage:

— Throughout the year
— When newly eligible for Medicare + Medi-Cal
— During Medicare Open Enrollment
  • October 15th to December 7th
  • Many beneficiaries review and change their health coverage during this time
What Languages Are Available?

English
MyCareMyChoice.org

Spanish
MiSaludMiDecision.org

Chinese
(traditional and simplified)

Coming soon!
MyCareMyChoice.org
In Action!
Where to Start

Use **Get Started** or **Find My Care** on the homepage
Initial Question

Get Started

Answer a few questions about your doctors, the health care services you receive, and what is most important to you. We'll recommend some choices that can fit your needs. You can always go back and change your answers.

First, confirm you have both Medicare and Medi-Cal:

- Yes / I will soon
- No / I don’t know

Next, tell us where you live and how old you are:

- Your ZIP code
- Your County
- Your Age

Submit >
Care Needs and Preferences

— Answer a few questions about care needs and preferences
— Skip or change answers at anytime
— Answers are NOT stored on the site
Help at Home

Some people need help with daily activities (like dressing, bathing, or cooking meals) to live independently in their home and community.

Do you have help like this now, or do you think you might need this type of help?

Why are we asking this question?

**YES**
I get help with daily activities, or I really need help like this to live at home. (If you have IHSS or have applied for IHSS, select ‘yes’).

**MAYBE**
I don't have help with daily activities at home now, but I would like to learn more.

**NO**
I don't need help with daily activities to live independently at home.
Personalized Results

— Shows “best fit” health coverage options based on answers provided

— For each option, local choices are listed
  • Name of care choice
  • Location
  • Contact information

— Learn more about each type of coverage

— See success stories

— Find out how to enroll

— Results pages can be downloaded and printed
Personalized Results

Results Page

Results: My Care Choices
Based on your answers, this list of health coverage choices may fit your needs. The choices at the top are the best fit.

Scroll down to review and edit your responses.

Cal MediConnect
Get your Medicare + Medi-Cal in one health plan. Get extra benefits like a helper to make sure you get all the care you need and help solve dependency for people 21 or older.

Dual Eligible Special Needs Plan (D-SNP)
Get your Medi-care and some Medi-Cal benefits through one health plan, with extra benefits to help arrange your care. You can’t get some Medi-Cal benefits from Medi-Cal.

Medicare Advantage (MA)
Get your Medicare from a health plan with extra benefits, keep your Medi-Cal separate, and get some help arranging your medical care.

My Answers
To change or complete your answers, click on the links below.

My Providers: Yes, important. I don’t need to keep the providers I have today. Getting extra benefits and extra help from a health plan is more important to me.

Help at Home: Yes, I get help with daily activities, or I really need help like this to live at home. (If you have an IHS, or have applied for IHS, select ‘yes’)

Caregiver at Home: Yes, I have an IHS caregiver, and I want to keep my current caregiver.

Place to Go During the Day: Yes, I have, or I want, a place to go during the day for health care services and social activities.

Help with Equipment & Supplies: Yes, I want help getting health care equipment and supplies.

5.0 Emotional and/or Behavioral Health Help: Yes, I want help with sad, lonely, or anxious feelings.

5.1 One Plan — One Card: Maybe I might like one card and one phone number for all my benefits.

5.0 Help with Appointments: Yes, I want help getting finding providers and help scheduling appointments.

5.0 Providers Know All My Needs: Yes, I want help making sure all my providers know about my care needs.
Personalized Results

Care Choice Example

MCMC IN ACTION

Cal MediConnect

Cal MediConnect is a type of health plan that includes all your Medicare and MediCal benefits, as well as some extra benefits.

- To qualify for Cal MediConnect, you must have Medicare and MediCal, be 61 or older, and live in one of these counties: Los Angeles, Orange, Riverside, San Bernardino, San Diego, San Mateo, or Santa Cruz.
- You get extra help so you can live independently by having a shower grab bar and ramps installed. If you need someone like a nurse or other helper, whose job is to be your main point of contact and help you get all the health care services you need.
- You have one card to carry and one phone number to call for help with your care.
- You have to use providers in your health plan's network. If your providers are not in the network, you can get help finding providers that are.

Ready to Enroll >

Molina Dual Options (Medicare-Medicaid Plan)

ID: H0987-2
Organization: Molina Healthcare of California
Phone: 1-866-608-9556
TTY: TTY

Anthem Blue Cross Cal MediConnect (Medicare-Medicaid Plan)

ID: H0290-5
Organization: Anthem Blue Cross Cal MediConnect
Phone: 1-800-550-3467
TTY: TTY

Blue Shield Promise Cal MediConnect Plan (Medicare-Medicaid Plan)

ID: H0100-1
Organization: Blue Shield of California Promise Health Plan
Phone: 1-855-565-3825
TTY: TTY

L.A. Care Cal MediConnect Plan (Medicare-Medicaid Plan)

ID: H0030-1
Organization: L.A. Care Cal MediConnect Plan
Phone: 1-855-522-8263
TTY: TTY

Health Net Cal MediConnect Plan (Medicare-Medicaid Plan)

ID: H0020-1
Organization: Health Net Cal MediConnect Medicare Medicaid Plan
Phone: 1-866-795-5345
TTY: TTY

Ready to Enroll >
Useful Tools for Taking Next Steps

Complete the Health Profile Worksheet

Take action with the Next Steps Checklist

**HEALTH PROFILE WORKSHEET**

- Wellness
- Medical
- Services & Supports
- ME
- Pharmacy
- Equipment & Supplies
- Dental & Vision

**NEXT STEPS CHECKLIST**

You've used MyCareMyChoice.org to find health coverage choices that might benefit you. Now use this Checklist to help you understand your next steps.

- **PRINT**
  - Print your results and gather your current health coverage information to identify your best choices.

- **COMPLETE**
  - Complete the Health Profile Worksheet to list your important health care needs and other information to help you with the enrollment process.

- **TALK**
  - Talk with family, friends, and other trusted people about your list and learn more about each coverage option.

- **GET HELP**
  - Talk to an objective advisor to get support:
    - Health Insurance Counseling and Advocacy Program (HICAP): 1-800-454-0222
    - Health Consumer Alliance: 1-888-564-6356

- **LEARN MORE**
  - Learn more about the coverage choices on your list by exploring their websites or by calling a representative. When you're ready to enroll, contact your preferred choice.

- **REVISIT**
  - You can change your mind or switch choices throughout the year, so keep your MyCare MyChoice results and worksheet handy.
More Resources

Understand My Care:
Gives basics on Medicare and Medi-Cal, health coverage options, and more
California’s Care Choices:
Describes the six health coverage choices for people with Medicare + Medi-Cal
More Resources

Get Help!
List of organizations who help and advocate for people with Medicare + Medi-Cal

Get Help! 
If you need immediate help getting access to services through either Medicare or Medi-Cal, call the Health Consumer Alliance at 1-888-804-3536.

If you are having a medical emergency, call 911.

Do you need more help understanding your Medicare or Medi-Cal benefits? Want to talk to someone about health coverage choices that fit your needs? Here's how!

Help with Medicare Choices

To Enroll
Medicare Program
Call this number to enroll in a Medicare health plan, or to find out more about benefits and rights.
Phone: 1-800-MEDICARE (1-800-633-4227)
TTY: 1-877-486-2048

To Get More Information
More Resources

Advisor Tools:
Dedicated page for professionals, caregivers and family members who help people with Medicare + Medi-Cal coverage choices
For Spanish speakers:
MiSaludMiDecision.org
Frequently Asked Questions

Q: Does MyCareMyChoice.org save answers?
A: No, answers are not stored on the site.

Q: Are you trying to sell me a certain health plan?
A: No, MyCareMyChoice.org gives objective information – that way people can choose what's best for them!
Frequently Asked Questions

Q: Where do the results come from?
A: Information on Medicare + Medi-Cal coverage options comes from state and federal data.

Q: Can I send the results to a family member?
A: Yes, you can download and print the results to share with anyone you wish.
Ways to Share MyCareMyChoice.org

— Host a *My Care, My Choice* event for people with Medicare + Medi-Cal in your community
— Share a flyer and web link in your newsletter
— Ask community leaders to share this information
— Tell us who else in your community needs to hear about *My Care, My Choice!*
Thank You!

Questions?

MyCareMyChoice.org